

St. Francis Memorial Hospital
Community Health Needs Assessment Implementation Plan
2014-2016

CHNA Priority #1—Obesity

1. SFMH will work with the public health department to obtain a grant to provide a safe walking/biking trail in close proximity to West Point
2. SFMH certified health coaches and registered dietician will provide nutritional counseling for patients and staff
3. SFMH will provide accommodations for breastfeeding mothers on our campus
4. SFMH Lactation Consultant will provide education and support for increasing use of breastfeeding by mothers

CHNA Priority #2—Access to Behavioral Health

1. SFMH will provide availability of psychiatrists by Telehealth through Alegent Creighton in Omaha
2. SFMH will provide a second mental health practitioner/Licensed Clinical Social Worker
3. SFMH will offer mental health services through our Employee Assistance Program (EAP)
4. SFMH will provide clinical rotations for mental health APRNs through our Psychiatric Nurse Practitioner

CHNA Priority #3—Prevention

1. SFMH will provide on-site preventive screenings at reduced cost to area businesses through our Business Health & Wellness Program
2. SFMH offers well-child checks at all of our 6 satellite medical clinics
3. SFMH respiratory therapist will provide smoking cessation programs to those wishing to stop smoking
4. SFMH will not allow the use of e-cigarettes or chewing tobacco as part of our tobacco/smoke free campus
5. SFMH respiratory therapist and health coaches will provide a COPD program featuring evidence-based medicine using our family practice physicians and a consulting pulmonologist
6. SFMH health coaches will provide chronic disease management for patients in the areas of diabetes, congestive heart failure, high blood pressure, hyperlipidemia and osteoporosis

7. SFMH will provide flu shots to all staff, their family and at area Senior Centers, Nursing Homes and area businesses to encourage flu shot vaccinations
8. SFMH will remind individuals of the need for colonoscopies, mammographies, etc. via letters and phone calls
9. SFMH will provide a Certified Ergonomics Consultation to area businesses upon request through our Business Health & Wellness Program
10. SFMH will expand its CAPTURE Fall Prevention Program to our assisted living facility (St. Joseph's Retirement Community)

CHNA Priority #4—Risky Behaviors

1. SFMH will provide 3 child safety seat checks in our service area per year
2. SFMH will periodically check (through our Safety Director) employees for seat belt use as they arrive at work
3. SFMH will take part in the Diversion Program's education of area high school teens on safe driving by not texting, driving while intoxicated, etc.

The Franciscan Care Services, Inc. Board of Directors approved and adopted the Community Health Needs Assessment Implementation Plan on Tuesday, November 26, 2013.