



Franciscan Care Services

St. Francis Memorial Hospital | Dinklage Medical Clinic | St. Francis Rehabilitation

3D Mammography

What is 3D mammography?

3D mammography takes images of the breast tissue from multiple angles. These images are then converted to a stack of thin layers or “slices” of images. Those stacked slices build a 3D mammogram.

What is the difference between a 3D mammogram and a traditional mammogram?

3D mammography is different from a conventional digital mammography because of how the images are taken. A conventional digital mammography image is taken in one exposure image. This can result in false reads of the tissue. The 3D mammography helps to eliminate false reads by using the stacked sliced images. Our radiologists can now isolate one slice image to see the breast tissue in more detail. Being able to read the images in this video-like format instead of a flat image gives our radiologist confidence to interpret your images without recalling you for additional imaging in most cases.

What is the exam like?

A 3D mammogram takes place in conjunction with your traditional mammogram. It is an additional exam that happens at the same time and on the same equipment. The procedure time should be approximately the same as a traditional mammogram.

What does having dense breast tissue mean?

Dense breast tissue is very common and is not abnormal. However, dense breast tissue can make it harder to find cancer through a mammogram. Patients with dense breast tissue might need to undergo other imaging techniques.



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Check with your insurance company to ensure your 3D mammogram is covered.

What to do before your mammogram:

1. Request any previous mammograms from different facilities to be sent to us so we can compare your past mammograms to your current mammogram.
 2. Refrain from wearing any deodorant, lotion, or talc powder to your mammogram.
 3. Arrive 15 minutes early to allow time to check in.
 4. Check in at registration desks in the Dinklage Medical Clinic
 5. Allow 30 minutes for your appointment.
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Remember to bring your latest insurance information to your appointment.

Day of Exam:

Time of Exam:

Time of Lab:

Please alert us if you are pregnant.

Radiology

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